

Lean

CHOCOLATE



What is Lean?

Lean on high-quality nutrition to reduce cravings.* Improve your weight-loss results with Lean Chocolate, a low-calorie, gluten-free protein shake with a diverse blend of amino acids, vitamins, minerals, and digestive enzymes.* Shake it up and get Lean results!

Benefits & Features

- Reduces cravings to support weight loss*
- Aids in lean-muscle development*
- Supports muscle recovery*

Key Ingredients

- Whey protein
- Soy protein
- Bromelain (from pineapple stems)

FAQ

Question: Does Lean contain dairy?

Answer: Yes, Lean contains milk powder.

For this reason, do not let Lean shakes sit for more than 30 minutes at room temperature.

Question: Which systems include Lean Chocolate?

Answer: Lean Chocolate can be found in our Ultimate and Trim Down Trio systems.

Question: What makes Lean Chocolate different from other protein shakes?

Answer: Lean Chocolate offers a full-spectrum, low-calorie protein option with the added benefits of vitamins, minerals, digestive enzymes, and all 9 essential amino acids.

Directions

Add one level scoop to a shaker bottle or mix in a blender with 8 oz. of water.

Supplement Facts

Serving Size: 1 scoop (21.5 g)
Servings Per Container: 30

	Amount Per Serving	%Daily Value
Calories	70	
Calories from Saturated Fat	10	
Total Fat	2 g	3%
Saturated Fat	1 g	5%
Cholesterol	8 mg	3%
Total Carbohydrate	5 g	2%
Dietary Fiber	3 g	11%
Total Sugars	<1 g	†
Protein	10 g	20%
Vitamin A (as retinyl palmitate)	900 mcg	100%
Vitamin C (as ascorbic acid)	30mg	33%
Vitamin D (as cholecalciferol)	(6.8 mcg) 270IU	34%
Vitamin E (as d-alpha-tocopheryl acetate)	10 IU	67%
Vitamin K (as phytonadione)	50 mcg	42%
Thiamin (as thiamin mononitrate)	0.9 mg	75%
Riboflavin	1.1 mg	85%
Vitamin B6 (as pyridoxine HCl)	1.1mg	65%
Folate (as folic acid)	650 mcg DFE (390 mcg folic acid)	163%
Vitamin B12 (as cyanocobalamin)	4 mcg	167%
Biotin	150 mcg	500%
Pantothenic acid (as D-calcium pantothenate)	3.3 mg	66%
Calcium (as calcium carbonate)	150 mg	12%
Iron	4 mg	22%
Phosphorus (as dicalcium phosphate)	100 mg	8%
Iodine (from kelp)	40 mcg	27%
Magnesium (as magnesium oxide)	108 mg	26%
Zinc (as Zinc chelate)	4.2 mg	38%
Selenium (as selenomethionine)	40 mcg	73%
Manganese (as manganese chelate)	1 mg	43%
Chromium (as chromium chelate)	360 mcg	1,029%
Molybdenum (as molybdenum chelate)	40 mcg	89%
Sodium	190 mg	8%
Potassium	370 mg	8%
Boron (as boron citrate)	100 mcg	†
Bromelain (ananas comosus)(stem)	50 mg	†
Papain (carica papaya)(fruit)	25 mg	†
Taurine	25 mg	†

Lean Proprietary Protein Blend: 11 g
Soy Protein Isolate, Whey Protein Concentrate,
Soy milk powder, Whey Protein Isolate

* Percent Daily Values are based on a 2,000 calorie diet.

† Daily Values not yet established.

OTHER INGREDIENTS: Cocoa, natural flavors, guar gum, sea salt, calcium carbonate, chicory root inulin, silica, acesulfame potassium, sucralose, soy lecithin, and glucosylated steviol glycosides. Contains: Milk and soy.

Complementary Products

Probiotix

Accelerate with
Thermolit Blend™

Axion



*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, or prevent any disease.

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