

## FAQ

### Q: What are the benefits of Xyng?

A: • Improves energy levels and supports metabolism\*  
• Enhances mood\*  
• Improves focus and clarity\*

### Q: How do you recommend using Xyng?

A: Take 1 capsule in the morning with food and at least 8 fl oz of water.

### Q: What makes Xyng different from other energy supplements?

A: Xyng not only increases your energy and metabolism, it also enhances your mood and suppresses your appetite.\* This unique combination makes Xyng a key component in your health transformation.\*

### Q: Should I take Xyng with food?

A: Yes, we recommend taking Xyng with food and water.

### Q: What are the key ingredients in Xyng?

A: The key ingredients in Xyng are 5-HTP, Advantra Z®, Caffeine, Cayenne Pepper, Citrus Aurantium, and Garcinia Cambogia extract.

### Q: Where is Xyng made?

A: Xyng is manufactured in the United States in a GMP (Good Manufacturing Practices)-compliant facility.

### Q: Does Xyng contain fish or shellfish?

A: No, Xyng does not contain any fish or shellfish products.

### Q: Does Xyng contain soy?

A: No, Xyng does not contain any soy or soy byproducts.

### Q: Does Xyng contain nuts?

A: No, Xyng is nut-free.

### Q: Does Xyng contain dairy?

A: No, Xyng is dairy-free.

### Q: Does Xyng contain gluten?

A: No, Xyng is gluten-free.

### Q: Does Xyng contain caffeine or stimulants?

A: Yes, Xyng contains 80 mg of caffeine per capsule.

### Q: Is Xyng vegan-friendly?

A: No, Xyng is made with a bovine-based gelatin capsule.

### Q: Can you use Xyng if you are pregnant or nursing?

A: We recommend consulting with your physician about any supplement if you are pregnant or nursing.