

Tummy Tamer



FAQ

Q. What are the benefits of using the Tummy Tamer?

- Complete Probiotic – healthy metabolism AND mood. 20 billion CFUs + 11 feel-good strains.*
- Complete Prebiotic – supports digestion, stable blood sugar, metabolic health, and more.*
- Complete Collagen – clean collagen for glowing skin, healthy joints, and strong muscles + digestive enzymes for a happy belly.*
- Complete Digestive Aid – breaks food down for easy digestion + nutrient absorption. Reduces bloating and gas.*

Q. How do you recommend using the Tummy Tamer?

- While product use times are flexible, the suggested timeline is as follows:
- Before breakfast: Probiotic – take in the morning on an empty stomach.
- Mid-morning: Prebiotic – mix 1 stick pack with 8-10 fl oz of liquid once a day.
- With lunch: Digestive Aid – take 1-2 chewable with meals.
- After lunch: Collagen – mix 1 scoop with 8 fl oz of liquid once a day.
- With dinner: Digestive Aid – take 1-2 chewable with meals.

Q. What makes the Tummy Tamer different from other gut health products?

- A. Your body runs on systems that are made up of multiple parts. Your gut, or gastrointestinal system, includes the mouth, esophagus, stomach, intestines, microbiome and more! So why would you try to tackle gut health with just one product? Much like the digestive system itself, the Tummy Tamer is a systematic approach to gut health and weight wellness. With prebiotic, probiotic, collagen, and digestive enzyme products, we've got your digestive system covered. Beat bloat, improve digestion, and support your metabolic health all with one great bundle.*

Q. Can I use the Tummy Tamer with other Xyngular products?

- A. Yes, the Tummy Tamer is a great addition to any Xyngular supplement routine.

Q. Can I mix Collagen and Prebiotic with something other than water?

- A. Yes, you can mix them with any liquid to best fit your lifestyle. Pro tip: combine Complete Collagen Pina Colada and Complete Prebiotic for a tasty afternoon drink!

Q. Where is the Tummy Tamer made?

- A. All products in the Tummy Tamer are manufactured in the United States in GMP (Good Manufacturing Practices)-compliant facility.

Q. Does the Tummy Tamer contain fish or shellfish?

- A. No, all products in the Tummy Tamer are fish and shellfish free.

Q. Does the Tummy Tamer contain soy?

- A. No, all products in the Tummy Tamer are soy free.

Q. Does the Tummy Tamer contain nuts?

- A. Yes, Complete Collagen contains coconut milk.

Q. Does the Tummy Tamer contain dairy?

- A. No, all products in the Tummy Tamer are dairy free.

Q. Does the Tummy Tamer contain gluten?

- A. No, all products in the Tummy Tamer are gluten free.

Q. Does the Tummy Tamer contain caffeine or stimulants?

- A. Yes, Xyngular Complete Prebiotic contains green tea extract.

Q. Is the Tummy Tamer vegan friendly?

- A. No, Xyngular Complete Collagen is not vegan friendly.

Q. Can you use the Tummy Tamer if you are pregnant or nursing?

- A. We recommend consulting with your physician about any supplement if you are pregnant or nursing.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.