



FAQ

Q: What are the benefits of Trimstix?

- A:
- Curbs sugar cravings*
 - Promotes healthy blood sugar levels in healthy individuals*
 - Boosts energy levels*

Q: How do you recommend using Trimstix?

A: Empty a Trimstix stick packet into 8-12 fl oz of cold water and stir or shake to dissolve.

Q: When should you take Trimstix?

A: We recommend taking Trimstix after lunch to help curb afternoon sugar cravings.

Q: What makes Trimstix different from other weight-loss products?

A: Trimstix not only curbs sugar cravings and appetite, it also helps control healthy blood sugar levels in healthy individuals for long-term weight management and weight loss success.*

Q: Should I eat food before taking Trimstix?

A: Food is not required to take Trimstix. If you are sensitive to caffeine, try taking Trimstix with food.

Q: What are the key ingredients in Trimstix?

A: The key ingredients in Trimstix are Chinese Bayberries, Fibersol®, Canipure®, and Advantra Z®.

Q: Is there any difference between the flavors of Trimstix?

A: Other than the delicious flavors, there are no differences in the ingredients.

Q: Where is Trimstix manufactured?

A: Trimstix is manufactured in the United States in a GMP (Good Manufacturing Practices)-compliant facility.

Q: Does Trimstix contain fish or shellfish?

A: No, Trimstix does not contain any fish or shellfish products.

Q: Does Trimstix contain soy?

A: No, Trimstix does not contain any soy or soy byproducts.

Q: Does Trimstix contain nuts?

A: No, Trimstix is nut-free.

Q: Does Trimstix contain dairy?

A: No, Trimstix is dairy-free.

Q: Does Trimstix contain gluten?

A: No, Trimstix is gluten-free.

Q: Does Trimstix contain caffeine or stimulants?

A: Yes, Trimstix contains 50 mg of caffeine per serving.

Q: Is Trimstix vegan-friendly?

A: Yes, Trimstix is vegan-friendly.

Q: Can you use Trimstix if you are pregnant or nursing?

A: We recommend consulting with your physician about any supplement if you are pregnant or nursing.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.