

## What is Shine?

Shine™ is a supplement with a proprietary blend that provides hormone support for women, improves mood, and promotes healthy weight.\*

## Benefits and Features

- Provides hormone support\*
- Promotes healthy weight\*
- Improves mood\*

## Key Ingredients

- Ashwagandha root extract
- Maca root extract
- Chaste tree berry

## FAQ

**Question:** Who should take Shine?

**Answer:** Shine is intended for all women over the age of 18.

**Question:** Does Shine contain any allergens?

**Answer:** Yes, Shine contains dairy.

**Question:** Does Shine contain hormones or steroids?

**Answer:** No, Shine does not contain any hormones or steroids.

## Directions

Take 3 capsules at night before sleep.



## Supplement Facts

Serving Size: 3 Capsules  
Servings Per Container: 30

	Amount Per Serving	%DV
Calories	10	
Total Carbohydrates	1 g	<1%
Vitamin B6 (as pyridoxal 5-phosphate)	10 mg	588%
Folate [from Quatrefolic® (6S) -5-Methyltetrahydrofolic acid, glucosamine salt]	1,667 mcg DFE	417%
Vitamin B12 (as methylcobalamin)	100 mcg	4,167%
Calcium (as calcium D-glucarate)	18 mg	1%
Magnesium (as magnesium citrate)	100 mg	24%
Zinc (as zinc monomethionine)	20 mg	182%
Black pepper fruit extract (BioPerine®)	5 mg	†

**Shine™ Proprietary Blend** 1250 mg †  
Ashwagandha root extract (withanolides) (KSM-66®), Chaste tree berry extract 12:1, Maca root (*Lepidium Meyenii*) extract 6:1, Shilajit extract, White willow bark extract 4:1, Red raspberry leaf, Dandelion whole plant extract, Diindolylmethane, Epimedium extract (aerials) (icariins), Sulfurophane glucosinolate (from broccoli seed extract).

Percent Daily Values (DV) are based on a 2,000 calorie diet.  
† Daily Values (DV) not established.

Other Ingredients: Gelatin, stearic acid, magnesium stearate, and silica  
Contains: Milk.

## Complementary Products



Xyngular  
Complete Collagen™



Genesis™



Global Blend™

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.