

FAQ

Q: What are the benefits of Shine™?

A: • Provides hormone support*
• Promotes healthy weight*
• Improves mood*

Q: How do you recommend using Shine?

A: Take 3 capsules at night before sleep.

Q: Who should take Shine?

A: Shine is intended for all women over the age of 18.

Q: What makes Shine different from other hormone support products?

A: Shine is a proprietary blend that provides hormone support for women, improves mood, and promotes healthy weight.*

Q: What are the key ingredients in Shine?

A: The key ingredients in Shine are Ashwagandha root extract, Maca root extract, and Chaste Tree berry.

Q: Does Shine contain hormones or steroids?

A: No, Shine does not contain any hormones or steroids.

Q: Where is Shine made?

A: Shine is made in the United States in a GMP (Good Manufacturing Practices)-compliant facility.

Q: Does Shine contain fish or shellfish?

A: No, Shine does not contain any fish or shellfish products.

Q: Does Shine contain soy?

A: No, Shine does not contain any soy or soy byproducts.

Q: Does Shine contain nuts?

A: No, Shine is nut-free.

Q: Does Shine contain dairy?

A: Yes, Shine does contain dairy.

Q: Does Shine contain gluten?

A: No, Shine is gluten-free.

Q: Does Shine contain caffeine or stimulants?

A: No, Shine is stimulant-free.

Q: Is Shine vegan-friendly?

A: No, Shine is not vegan-friendly.

Q: Can you use Shine if you are pregnant or nursing?

A: We recommend consulting with your physician about any supplement if you are pregnant or nursing.