



## FAQ

**Q: What are the benefits of Resist™?**

- A:
- Supports healthy weight loss\*
  - Suppresses appetite\*
  - Fights cravings to prevent excess calorie intake\*

**Q: How do you recommend using Resist?**

A: Take one Resist chew right before meals to help you feel full faster.

**Q: How many Resist chews can I take daily?**

A: You can take up to four chews daily.

**Q: What makes Resist different from other appetite suppressant products?**

A: Resist is a tasty treat with a purpose that delivers immediate appetite control.\*

**Q: What is the key ingredient in Resist?**

A: The key ingredient in Resist is HbG Complex (Yeast Hydrosylate).

**Q: Why is sugar used in Resist?**

A: Resist contains three types of sugars, which amount to a total of 3 grams. The first type comes from natural fruit flavorings, and the other two are cane sugar and rice syrup to give the soft, chewy texture.

**Q: Where is Resist made?**

A: Resist is made in the United States in a GMP (Good Manufacturing Practices)-compliant facility.

**Q: Does Resist contain fish or shellfish?**

A: No, Resist does not contain any fish or shellfish products.

**Q: Does Resist contain soy?**

A: Yes, Resist does contain soy.

**Q: Does Resist contain nuts?**

A: No, Resist is nut-free.

**Q: Does Resist contain dairy?**

A: No, Resist is dairy-free.

**Q: Does Resist contain gluten?**

A: Yes, Resist contains gluten.

**Q: Does Resist contain caffeine or stimulants?**

A: No, Resist is stimulant-free.

**Q: Is Resist vegan-friendly?**

A: Yes, Resist is vegan-friendly.

**Q: Can you use Resist if you are pregnant or nursing?**

A: We recommend consulting with your physician about any supplement if you are pregnant or nursing.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.