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What is Cheat?

Cheat™ Cheat helps you feel full longer with naturally sourced product made from the Japanese Konnyaku root.* Use Cheat to help keep your cravings contained and support your weight loss success.

Benefits and Features

- Aids in appetite control*
- Maintains already healthy cholesterol levels*
- Supports healthy digestion*

Key Ingredients

- Green coffee bean extract
- Konnyaku root

FAQ

Question: How much caffeine is in Cheat? **Answer:** Cheat has less than 5 mg of caffeine.

Question: Should I take Cheat and Resist before the same meal? **Answer:** No, take one or the other. Although both are appetite suppressants, they function differently.* You can take them in the same day for different meals.

Question: Can I take Cheat between meals? **Answer:** Yes, consuming Cheat between meals is a great way to boost fiber intake and control cravings.* Always consume a minimum of 8 oz of water when taking Cheat.

Directions

Take 2 capsules 30 minutes before a meal with at least 8 oz of water.



Supplement Facts

Serving Size: 2 Capsules Servings Per Container: 30

| | Amount Per Serving | %DV |
|--------------------------------------|--------------------|-----|
| Total Carbohydrate | 1 g | <1% |
| Dietary Fiber | <1 g | 3% |
| Cheat [™] Proprietary Blend | 1,230 mg | † |

Glucomannan root powder (Amorphophallus konjac), Green coffee bean extract (dried seeds), Phytosterols, Hydroxypropyl cellulose

Other ingredients: Gelatin, microcrystalline cellulose, vegetable magnesium stearate and silica.

Percent Daily Values (DV) are based on a 2,000 calorie diet.

Contains: 5mg of caffeine per serving.

† Daily Values (DV) not established.

Complementary Products







Spryng™



Lean™

^{*}These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.