

FAQ

Q: What are the benefits of Cheat™?

A: • Aids in appetite control*
• Maintains already healthy cholesterol levels*
• Supports healthy digestion*

Q: How do you recommend using Cheat?

A: Take 2 capsules 30 minutes before a meal with at least 8 fl oz of water.

Q: What makes Cheat different from other appetite support products?

A: Not only does Cheat offer appetite support, it also utilizes konnyaku root to regulate the absorption of macronutrients including fats and carbohydrates.

Q: Should I eat food before I take Cheat?

A: No, it is recommended to take Cheat 30 minutes before a meal with at least 8 fl oz of water.

Q: What are the key ingredients in Cheat?

A: The key ingredients in Cheat are phytosterols.

Q: Can I take Cheat between meals?

A: Yes, taking Cheat between meals is a great way to control cravings.* Always drink at least 8 oz of water when taking Cheat.

Q: How much caffeine is in Cheat?

A: Cheat has less than 5 mg of caffeine.

Q: Where is Cheat made?

A: Cheat is made in the United States in a GMP (Good Manufacturing Practices)-compliant facility.

Q: Does Cheat contain fish or shellfish?

A: No, Cheat does not contain any fish or shellfish products.

Q: Does Cheat contain soy?

A: No, Cheat does not contain any soy or soy byproducts.

Q: Does Cheat contain nuts?

A: No, Cheat is nut-free.

Q: Does Cheat contain dairy?

A: No, Cheat is dairy-free.

Q: Does Cheat contain gluten?

A: No, Cheat is gluten-free.

Q: Does Cheat contain caffeine or stimulants?

A: Yes, Cheat does contain caffeine.

Q: Is Cheat vegan-friendly?

A: No, Cheat is not vegan-friendly.

Q: Can you use Cheat if you are pregnant or nursing?

A: We recommend consulting with your physician about any supplement if you are pregnant or nursing.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.