

## What is Cardio?

Cardio™ is a powerful, orange-flavored dietary supplement to improve circulation, support your cardiovascular system, and increase exercise capacity.\*

## Benefits and Features

- Improves circulation and supports cardiovascular system\*
- Increases exercise capacity\*
- Helps maintain already healthy cholesterol levels\*

## Key Ingredients

- Citrulline
- Co-enzyme Q10
- Hesperidin
- Grape seed extract

## FAQ

**Question:** Is there a best time to take Cardio?

**Answer:** We recommend taking Cardio first thing in the morning, or before you exercise for the day.

**Question:** How does Cardio improve circulation?

**Answer:** Cardio assists in natural vasodilation, or opening up your body's blood vessels, with antioxidant-rich grape seed, citrulline, and hesperidia.\*

**Question:** Where does the orange flavor in Cardio come from?

**Answer:** Cardio uses natural flavors and sweeteners to create the delicious orange flavor.

## Directions

Mix one scoop with 8-12 fl oz of cold water.



## Supplement Facts

Serving Size: 1 Scoop (10 g)  
Servings Per Container: 30

	Amount Per Serving	%DV
Niacin (as niacinamide)	20 mg	125%
<b>Heart Health Blend</b>	5,350 mg	†
Citrulline, Hesperidin, Coenzyme Q10, Grape seed ( <i>Vitis vinifera</i> L.) extract, Ginkgo biloba extract		

Percent Daily Values (DV) are based on a 2,000 calorie diet.  
† Daily Values (DV) not established.

## Complementary Products



Xyngular Complete Collagen™



Flex™



Advanced Omega™

\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.