

FAQ

Q: What are the benefits of Cardio™?

A: • Improves circulation and supports cardiovascular system*
• Increases exercise capacity*
• Helps maintain already healthy cholesterol levels*

Q: How do you recommend using Cardio?

A: Mix one scoop with 8-12 fl oz of cold water.

Q: What makes Cardio different from other heart-health products?

A: In addition to supporting healthy heart function and blood circulation, Cardio can be used before exercise to support cardiovascular performance.*

Q: Is there a best time to take Cardio?

A: We recommend taking Cardio first thing in the morning, or before you exercise for the day.

Q: What are the key ingredients geared toward heart-health in Cardio?

A: The key ingredients in Cardio are Citrulline, Hesperidin, and CoQ10.

Q: Where does the orange flavor in Cardio come from?

A: Cardio uses natural flavors and sweeteners to create the delicious orange flavor.

Q: How does Cardio improve circulation?

A: Cardio assists in natural vasodilation, or opening up your body's blood vessels, with antioxidant-rich grape seed, citrulline, and hesperidia.*

Q: Where is Cardio made?

A: Cardio is made in the United States in a GMP (Good Manufacturing Practices)-compliant facility.

Q: Does Cardio contain fish or shellfish?

A: No, Cardio contains no fish or shellfish products.

Q: Does Cardio contain soy?

A: No, Cardio is soy-free.

Q: Does Cardio contain nuts?

A: No, Cardio is nut-free.

Q: Does Cardio contain dairy?

A: No, Cardio is dairy-free.

Q: Does Cardio contain gluten?

A: No, Cardio is gluten-free.

Q: Does Cardio contain caffeine or other stimulants?

A: No, Cardio is stimulant-free.

Q: Is Cardio vegan-friendly?

A: Yes, Cardio is vegan-friendly.

Q: Can you use Cardio if you are pregnant or nursing?

A: We recommend consulting with your physician about any supplement if you are pregnant or nursing.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.